PATIENTS COMMUNITY
PRACTICE AND DISTRICT NURSES
LEG CLUB®
www.legclub.org
The Lindsay Leg Club Foundation
CRN 1111259

PO Box 689
Ipswich IP1 9BN
Telephone: +44 (0)1473 749565
Fax: +44 (0)1473 749565
Email: lynn.bullock@legclubfoundation.com
Web: www.legclub.org

27 March 2020

Dear all

These are testing times for everyone, but at the Lindsay Leg Foundation our priority will always remain the safety and well-being of our much-valued Leg Club members, staff and volunteers. We may be temporarily pausing the running of all Leg Clubs, but this doesn't mean we will be forgetting about you. Indeed, you are all very much in our thoughts and we remain committed to the provision of holistic lower limb wound care and reduction of feelings of social isolation at this extraordinary time.

Our Leg Club members are at the heart of everything we do, so as the COVID 19 crisis continues to affect our communities we want to share some steps we can take to keep our Leg Club members, clinicians, volunteers, their families safe and well both physically and mentally.
We will continue to support members through our website, social media and local support hubs. Please check our Foundation website www.legclub.org for the Leg Club directory which has contact numbers for clinical staff and volunteers.

Our Facebook page https://www.facebook.com/LindsayLegClub/ has tips for exercise and maintaining quality of life whilst having to remain indoors. It also has Leg Club news and links to other helpful resources.

Finally, we have been greatly heartened by the news we have heard of the continued camaraderie between volunteers and members and how you are providing support to each other in ways such as shopping or phone calls to ensure regular and safe contact. Please do continue to email us at lynn.bullock@legclubfoundation.com your news, how you are helping Leg Club members whilst the Club is suspended, what is happening locally and the support being offered within your communities. We hope to share ideas and strategies for coping during this crisis as well as positive and uplifting stories of how our Leg Club communities are working together.

Patrons: Baroness Masham of Ilton | Sir Muir Gray CBE, FRCPSGlas, FCLIP | Dr Timothy Cutler MA MB BChir FRCP FLS | Ms Jacqui Fletcher RGN
Mary-Rose Fawkes BEM RGN | Professor Keith Harding CBE FRCGP FRCP FRCS FLSW | Mr Alistair McInnes BSc (Hons) DpodM HPC Regd
Professor Christine Moffatt CBE PhD MA RGN DN | Professor Marco Romanelli MD PhD | Professor Richard White PhD
Charity registration number: 1111259 Registered office: 18 Langton Place, Bury St Edmunds IP33 1NE Company registration number: 05360413
Leg Club the text and logo is a registered Trade Mark ©E.T.Lindsay

PATIENTS COMMUNITY
PRACTICE AND DISTRICT NURSES
LEG CLUB®
www.legclub.org

The Lindsay Leg Club Foundation
CRN 1111259

As ever, we are grateful for the support of our Foundation staff and trustees, Leg Club friends, clinical staff, volunteers and LCIP members.

Please stay safe and keep smiling in the face of adversity. Maintain your well leg regimes and we will see you back at the Leg Clubs as soon as we are able.

We will get through this together.

With all best wishes,

Ellie

Ellie Lindsay OBE
Lifetime President
The Lindsay Leg Club Foundation

Patrons: Baroness Masham of Ilton | Sir Muir Gray CBE, FRCPSGlas, FCLIP | Dr Timothy Cutler MA MB BChir FRCP FLS | Ms Jacqui Fletcher RGN
Mary-Rose Fawkes BEM RGN | Professor Keith Harding CBE FRCGP FRCP FRCS FLSW | Mr Alistair McInnes BSc (Hons) DpodM HPC Regd
Professor Christine Moffatt CBE PhD MA RGN DN | Professor Marco Romanelli MD PhD | Professor Richard White PhD
Charity registration number: 1111259 Registered office: 18 Langton Place, Bury St Edmunds IP33 1NE Company registration number: 05360413
Leg Club the text and logo is a registered Trade Mark ©E.T.Lindsay