Gordano Valley Leg Club

Newsletter No 5

January 2020

Happy New Year

On the 5th September 2019 we had been open for three whole years! Doesn't time fly when you're having fun. For those who like figures, as at 30/12/19 we had 2487 members visits. Our member number is now up to 163. We've had a turbulent year, losing the Medical Centre and their members, so our numbers have dropped, ranging between 8 and 14 per week. We are still getting a new member every couple of weeks so hopefully the New Year will see us busy again. Sunnyside, Mendip Vale and the Community team continue to support with their wonderful nurses. We also sadly lost our lead nurse Mandy who has been seriously ill. She is now on the road to recovery leaving us to work in Weston. This leaves us without the support of a lead nurse but we are getting by, just about.

A big thank you to everyone involved in Leg Club. Thankyou to our fantastic team of nurses, to everyone who helps setting the room up and tidying away, making the tea and keeping us supplied with cake and biscuits, ferrying members to and fro, collecting the bread, running bowls, chatting and looking after everyone, playing music, massaging hands, raising funds. Without any one of these our leg club would be the poorer. Also a massive **thankyou** to all our members who keep coming along, including the ex-members who purely come for the company.

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What does our leg club mean to our members and volunteers? Here are a few things you came up with,

The fabulous Claire, keeping us entertained and raising £200 to add to our funds

Some other comments were 'I meet new friends' and 'I look forward to Monday mornings'

3rd Birthday Party. A fun time had by all and we raised over £275.00

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A huge thank you also to Alexandra Court Residents Association who gave us a very generous donation of £150 in December 2019.