Thetford L.C. News Letter – February 2014

Visiting

Ellie Lindsay the founder of the Leg Clubs will be visiting us on the 5th March. It is nice that Ellie takes the time to visit the Leg Clubs. There are quite a few over the country (and the world.) She will be accompanied by her P.A. Lynn Bullock who is a regular visitor to our club. They will be interested in the members and how our club is run, so they may be chatting to some of you.

Welcome

A warm welcome to our new volunteer Ted (as he likes to be called,) he has settled in very quickly and has proved popular with the team. His great value biscuits are helping to raise funds for the club.

Thank You

We would like to thank you all for your most welcome donations, that has helped us to purchase quite a number of items over several months. This includes:-

- Three buckets and several assorted bin bags, for patient leg washing.
- Four large storage boxes, to house the Nurses equipment.
- A three tier four wheeled trolley, to house our photocopier and stationery items.
- Postage stamps to contact members.
- Mobile phone and top up so we can contact members and they can contact us.
- A cross cutting shredder.

The refreshments and other stationery items are usually donated by our volunteers.

Fund Raising for 2014

The sponsored walk last year was successful, we will be organising another one this summer, so please try and join us on the day, it is designed for all walking abilities and all walking aids are allowed, (including wheel chairs, mobility scooters and or their carers). The aim is to raise as much money as possible to cover the expense of hiring the church hall each and every week (52 weeks a year.)

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Continued:

A tombola or table sale in the town will be organised in the next few weeks, we will let you know when a definite date has been arranged. So any new or good condition items you would like to donate we would be most grateful to receive.

Leaving

Sadly Pam and Ray are leaving us after 10 months of volunteering here at the L.C. They really are a lovely couple and we will miss them both. They will still visit occasionally either to help out or just for a cuppa and a chat. We wish them well with their family who are staying with them for a few months to help celebrate Pam's 80th birthday, (doesn't she look much younger.) Botox do you think!

Well take care all and don't forget if any of you would like to mention something in our News letters', please speak to one of the volunteers.

Volunteers are: Frank, Hazel, Jill, Linda, Pam, Ray and Ted.

Linda Wood – Secretary
Thetford Leg Club