Devizes

The Lindsay LegClub Foundation

ISSUE 18

Chit-Chat

June 2019

National Campaign on behalf of **Legs Matter** - a coalition of eight healthcare charities and not-for-profit organisations.

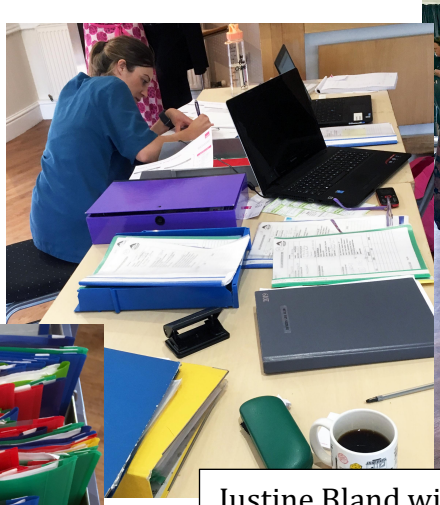
Leg and foot problems (and non-healing wounds, in particular) are one of the biggest health challenges of our time. That's why this June, we're standing up to say **Legs Matter**.

If you or someone you know has leg and feet problems, they can be helped by doing something early on.

Find out what to expect, get information, practical advice and support from our experts.

For more information go to https://legsmatter.org/

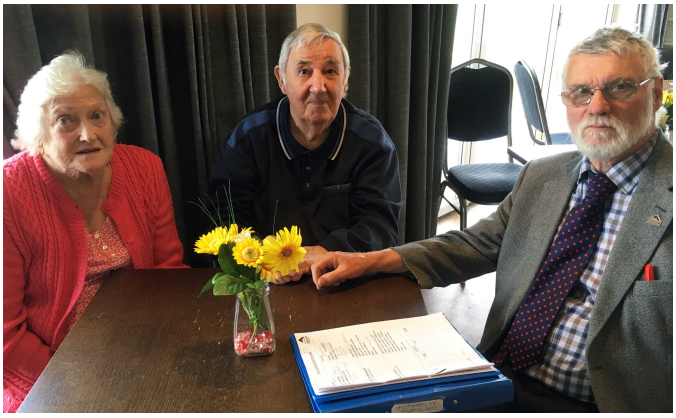
BUSINESS AS USUAL FOR DEVIZES LEG CLUB – looking after over 40 patients per week. On 6 June we received our annual audit. Geoff Thompson from The Lindsay Leg Foundation visited to check that everything was running smoothly and correctly, according to the organisation's standards and regulations. He also talked to members and volunteers.



Justine Bland with Leg Club auditor Geoff Thompson (above). Always plenty of paperwork to do. Abi (lft) completing her patients' records.

On the Front Line

<< Roger and Barry, two of our valiant volunteers who look after the bowls, changing the water for the nurses. There are currently six nurses' stations in action so plenty of work for the water-carriers. And not a drop spilt!



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Lilian and Don Essex, who were visiting Carters mobile foot clinic at The Leg Club, talk to Geoff Thompson Leg Club auditor(rt). They learned about the clinic from a notice at Spencer Sports & Social Club in Melksham. Anyone can refer themselves for toenail cutting and other foot care needs.

Contact Jack Carter on 07521 232623 to make an appointment.

Date for your Diary

11-3pm, 15 June 2019, The Green

Wiltshire Police

Look after your possessions when out & about

Many of us keep important elements of everyday life in our purse and wallets and on our mobile phones.

- Keep your **wallet, purse and phone** out of sight
- **Never** keep it in your back pocket or anywhere a thief could steal it out of your sight
- **Never** let your handbag out of your sight
- Don't be distracted by people asking for your help in the street
- On public transport, keep hold of your handbag, with the clasp or zip shut so a thief cannot steal your purse or phone
- Always carry your handbag close to your body, especially when walking close to other people. Do not hang it on your shopping trolley handle in the supermarket
- When in the car, keep your bag, phone etc out of sight. If you have the windows open or a door unlocked a thief may reach in when you stop in traffic.

For further information about the Leg Club Foundation and Leg Clubs visit: www.legclub.org or contact Justine Bland or Karen Fletcher at Market Lavington Surgery on 01380 812500

Text and photos: Dee La Vardera