Thetford Leg Club's Newsletter October 2018

This year we had a glorious summer, we will be sorry to see the end of the sunshine, hopefully the winter will not be too harsh.

It was good to see the Leg Club foundation members in September, Ellie Lindsay (OBE) the founder of the Leg Clubs, Lynn Bullock her P.A. Dr Robert Bawden a retired G.P. who supports Ellie and is interested in alternative leg ulcer treatments. Geoff our auditor who introduced a new lady who will be our auditor, as new leg clubs are opening, and he will need extra help.

It was a busy morning with them chatting to a lot of us. They were very pleased with our club and the atmosphere which is very important. Ellie wrote an article on her visits so far, this has been printed out and put on the table for you read.

I was particularly pleased to receive my award that was due last year, for keeping data records and sending them off to the foundation every week. This is to keep a record of what the nurses do and to supply the proof needed that Leg Clubs are good and valued, so more leg clubs can open in different towns in the future. The data system was devised by Ellie's late husband Richard, with William and his wife Jo (more foundation members.) The data is sent off to Jo every week, she helped me a lot in the beginning with it's teething problems, by email and phone calls back and forth from each other, a few alterations were needed.

I was moved that Richard wrote the message on the award for me.

Ted and Jill helped a lot in the club as this was time consuming and not to forget our late Wayne who was also helpful, he was with us for four years, Ted and Jill have been with us for five to six years, I've been here eleven years and Frank who works from home joined at the beginning fifteen years ago.

We are grateful to Caroline for the donation she gave us from the collection at Wayne's funeral, all monies collected went to three charities, our share was £140. He even thought of us on his last days, this is much appreciated and will help our club with much needed Items.

The funeral was very moving with all his family and friends filling the room, many of his biker friends stood up all around the room and some outside. The messages read out summed up Wayne to a tee, it was very moving, he was an interesting person, all three of us volunteers attended.

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We would like to thank you all for your generous donations to our Leg Club this does help with the rental costs of the hall etc. and the running of the club. Although the nurses work for the NHS, they are funded but our Church hall and all the equipment needed is not, the reason why we are constantly fund raising.

Also thank you to the people who brought in lovely boxes of biscuits, these are very much appreciated by all that can eat them, they are enjoyed with our teas.

You may have noticed we have a Christmas draw – tickets are £1 with a prize every time (no gambling in the Church allowed,) your ticket will go into the Christmas draw for the bigger prize. You may have also noticed the children's baskets with hand crocheted items done by the volunteers, with a bought item or two added as well. We will have other items nearer the time of ***the draw, this will be on the 12th December 2018***, it gives people time to collect the item they have won before Christmas. Please help support your Leg Club.

Thank you to those who have already bought tickets and donated items for the table, these are much needed and appreciated. Many thanks.

Christmas week Leg Club ***will be open on Thursday 27th December 2018*** and not on Boxing day which is the Wednesday. So please make a note of this in case you need to tell family members.

If you know of someone who would like to volunteer on a Wednesday morning, either making teas and coffees or helping with fundraising and there are lots of bits and bobs that we need help with on the desk, especially if one of us has an appointment on holiday or off sick, we are very short on volunteers, so if you can help with this please speak to one of us volunteers for more information. Many thanks.

Thanks Barry for helping with the tables and chairs at the end of the session.

Well take care all and very best wishes from us volunteers:

Frank, Jill, Linda and Ted.

Linda Wood – Club Secretary
Thetford Methodist Church Hall