Thetford Leg Club's Newsletter

March 2018

Nurse Rebecca will soon be giving birth to her little girl, we wish her and the baby all the very best.

Hats off to Ted and Wayne for attending the Leg Club during the bad snowy weather, they were the only volunteers to turn up, luckily, we only had a few members in that day. Well done to both! The Nurses must be praised too, they must have had a lot more visits to make and still did the leg club.

Jill has been busy with crocheting blankets, some for new born babies and some for older adults who need to cover their legs in the cold weather. People have been pleased with them. If you have any balls of wool that Jill could use, please give them to her, she is running out.

We have been busy at the Leg Club this week and Nicky's cakes have gone down a treat and all raises funds for the leg club.

Also thank you for your generous donations towards our club, it all helps towards the rental costs which is over £2,000 per year.

Used Stamps

Thank you for your stamps we are collecting and sending off to the MS Society. Last year they raised over £2,800 from the used stamps. So, if you have any please give them to me (Linda) or put them in the yellow pot.

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Many thanks to those of you who have donated either tea, coffee, milk and biscuits for our Leg Club refreshments.

Don't forget to let me know of any news, jokes or sayings we could add to the next newsletter. Here are a couple to be going on with:

Life is like a camera

Focus on what's important.
Capture the good times.
Develop from the negatives.
And if things don't work out
Take another shot.

When a job has once begun don't quit until it's done!
Be it big or be it small – **Do it well or not at all.**

Take care all and the very best wishes from all of us volunteers:

Frank, Jill, Linda, Nicky, Ted and Wayne.

Linda Wood – Club Secretary
Thetford Leg Club
Methodist Church