Thetford Leg Club's Newsletter September 2017

We would like to say a **great big thank you to the Norfolk Community Foundation** (NCF) for funding us. The NCF kindly helped us to keep our Leg Club going, otherwise it would have had to close. Our funds were very low because of the expenses we have had to run the club.

They gave us **£2,000**, almost enough to pay our rental cost of the Church Hall for one year. This is **very much appreciated** and gives us time to try and raise enough money for the following year. Which means the nurses can carry on their very good work.

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Also, a big thank you to all our members who have donated to either our pink bucket, buying teas or coffees and/or tombola tickets, this does help a great deal, so please continue to support our club.

If you have any items we can put on our tombola table for prizes, we would be grateful. Some of you have done so already, many thanks for your help.

This summer the tombola has **raised £54** so far towards our Leg Club costs.

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Congratulations to Nurse Alison who is expecting her **baby in November**. We wish her and all the family the very best for the new addition soon to arrive. We will miss her while she is on maternity leave though. Hopefully she will bring the little one in for us to see.

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We would like to give a **warm welcome** to our new volunteer **Nicky**, who has settled in very quickly. She is Alison's sister; can you see the resemblance?

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Here are a few amusing quotes, I thought you might like:

Growing old is mandatory. - Growing up is optional.

You don't stop playing because you grow old. – You grow old because You stop playing.

It's not about surviving the storm. – It's about singing in the rain.

In September, we are due a visit from **Dr Robert Bawden** from the Leg Club Foundation (who is a retired GP.) He may speak to some of the members as well as us, as he is interested in how the Leg Club is working and how the members feel about the club.

If you have any news, jokes or sayings **(printable ones)** for our newsletters, please share them all with us.

What is this? GESG

Scrambled eggs. Boom! Boom!

Best wishes and kind regards to you all from us volunteers:
Frank, Jill, Linda, Nicky, Ted and Wayne.

Linda Wood – Club Secretary
Thetford Leg Club
The Methodist Church
Tanner Street