Members, volunteers and nurses celebrate Llansantffraid Leg Club's 9th birthday with a party at the Leg Club.

One member, whose birthday it was on the day was honoured to blow out the candles.

LLANSANTFFRAID
LEG CLUB
A whole person approach
TODAY WE HAVE
600 MEMBERS
VOLUNTEERS
WORKING 1:1 PARTNERS UP
THE JUDGES SAID
LEG CLUB
WHAT IS IT
GOOD
FOR?
STOMACH
THE WHOLE BODY
LEGS
LUNGS
OVERCOMING
PATIENT ISOLATION
HAPPY
BIRTHDAY
19