The Lindsay LegClub Foundation

PO Box 689
Ipswich IP1 9BN
Telephone: +44 (0)1473 749565
Fax: +44 (0)1473 749565
Email: lynn@legclubfoundation.com
Web: www.legclub.org

Press Release

For immediate release
8th June 2010

Fullers Mill Trust public open day proceeds will go to Suffolk-based charity The Lindsay Leg Club Foundation

Bernard Tickner, Vice-President of The Suffolk Wildlife Trust and the man who spent fifty years developing one of Suffolk's most beautiful gardens, has decided that all the proceeds from a public open day on Sunday July 4th will go to local charity The Lindsay leg Club Foundation.

Fullers Mill Trust Garden is a seven acre horticultural garden located in Stow, West Suffolk. The gardens include beautiful woodland with the Lark River flowing through it and a panorama over the Lackford Wildlife Reserve and Lakes. They are now owned and managed by a registered charity called The Fullers Mill Trust.

Doors will be open from 11am until 5pm and visitors will be able to take part in a variety of events including lessons on good composting. Refreshments will be available including cookies made by the kitchen at Lady Carla Carlisle's Wyken Vineyards.

Ellie Lindsay, Leg Club Foundation founder said: "I cannot thank Bernard enough for allowing the proceeds from the open day to go to the Foundation. We are a local charity with a nationwide presence and this will mean a great deal for all the people who are members of Leg Clubs in the UK."

Patrons Dr Timothy Cutler MA MB BChir FRCP FLS Baroness Masham of Ilton Mr Alistair McInnes BSc(Hons) DpodM HPC Regd Professor Christine Moffatt CBE PhD MA RGN DN Professor Richard White PhD
Charity registration number: 1111259 Registered office: 33 Lionel Street Birmingham West Midlands B3 1AB Company registration number: 05360413

Notes to editors:

1) Leg ulcers (and other chronic leg problems like lymphoedema) can affect people at any age, but are particularly common in people over 60. At present, over 80 per cent of all leg ulcers are treated in patients' own homes by district nurses or by practice nurses in GP surgeries. However, patients often find it difficult to adhere to treatment plans, or to maintain the preventive measures needed to avert recurrence of the ulcer. Many leg ulcers consequently reoccur, or remain unhealed for many months or even years.

2) The Lindsay Leg Club Foundation exists to promote the national development of Leg Clubs. The Foundation also provides the necessary support and training for nurses to establish Leg Clubs and follow the Foundation's guidelines, as well as ongoing training in new developments in leg care.

3) The Leg Club is an innovative model of care that has been shown to improve the health and wellbeing of people with chronic leg conditions. By healing chronic leg wounds and keeping them healed, Leg Clubs also have the potential to save commissioners up to 80 per cent of their wound care budget in comparison with conventional leg ulcer treatment. A Leg Club is a local partnership between community nurses, patients and members of the community. Run by a committee of members and local people, each Leg Club operates according to strict guidelines of care, monitored by the Lindsay Leg Club Foundation. The Leg Club title, the wording and logo are protected by Registered Trade Mark in the UK and Australia.

For further information about the Leg Club Foundation and Leg Clubs visit:
www.legclub.org

For media enquiries please contact: Julian Tyndale-Biscoe, InHealth Communications, on 07882 985597 or email julian.tb@inhealthcomms.com

Patrons Dr Timothy Cutler MA MB BChir FRCP FLS Baroness Masham of Ilton Mr Alistair McInnes BSc(Hons) DpodM HPC Regd Professor Christine Moffatt CBE PhD MA RGN DN Professor Richard White PhD
Charity registration number: 1111259 Registered office: 33 Lionel Street Birmingham West Midlands B3 1AB Company registration number: 05360413