Southend Leg Club

Every Tuesday afternoon 1pm to 4pm,
Salvation Army Hall,
7, Frobisher Way, Shoeburyness, Essex, SS3 8UT.

Christmas News Letter 2015

Christmas Events

Christmas Lunch 1.30pm

Wednesday 16th December

Halfway House, Thorpe Bay.

Christmas Party 1 to 4pm

Tuesday 22nd December

Salvation Army Hall.

The more the merrier:

- ✓ Christmas Buffet
- ✓ Crackers
- ✓ Raffle
- ✓ Games
- ✓ Tea, Coffee & Sparkling Juices
- ✓ **Live Music!!!**

A Big Thank you to ...

* **Waitrose** for raising **£412** going towards 4 new Doppler cuffs.
* **ASDA** for raising **£300** which will go towards the Christmas party, remainder to club funds.
* **All who came to the Quiz night** (I hear it was a great night) and helped raise **£290** going into the club funds.

Christmas Quiz

1. A quiet evening.....
2. A magical seasonal greeting.....
3. St. Nick's sprog.....
4. A parent canoodling with St. Nick.....
5. Holiday trough.....
6. The coldest season in a ground of marvels.....
7. A kissing white wax berry beverage.....
8. A small place to live in Israel.....
9. Two seasonal bushes.....
10. A single visit to monarch Beckham's town.....
11. A seasonal type of guy pops into Southend.....
12. The wooden horse dances around the spruce.....
13. Edible nuts cooking over a flame.....
14. Blanc Noel.....
15. M.T.W.T.F.S.S.M.T.W.T.F December.....
16. A rhythmical verse says the campanologist.....
17. Jack's frozen friend.....
18. A clear leader of the pack.....
19. Henry VIII, George V and Charles I .....
20. Doorbell rings happily up there.....

Who's who in the Leg Club?

Committee Members

Marilyn "For 11 and a half years I have been Secretary/Receptionist at the Leg Club. My main role is taking Members' names as they arrive, booking Doppler appointments, file keeping and being nice to people!"

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Chris "My official role is Hostess at the Leg Club, the person who meets and greets and generally tries to make people feel at ease. Other roles include …take your pick!!"

"I came to the leg club 11 years ago as a patient, joined as a volunteer, 6 months later and progressed to Committee Member."

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Judith "I have been Treasurer for 1 year. I source goods needed for the treatment, welfare of members and I do the accounts."

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Phillip "My role as Chairman (4 years) is to preside over Committee meetings and discussions and have the casting vote should a split decisions be made. I also make speeches to the Members at Christmas Parties and other events and supply music entertainment."

"When I have time I enjoy playing scrabble with the Scrabble Team and talk with Club Members, about their week."

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Honorary Committee Members

Ken, Derek and Tina

Kitchen Volunteers

Denise and Alison (newsletter☺)

A Christmas Memory by Linda

"When I was a child I lived with my mum, dad and elder sister Cheryl near Rayleigh Station. My mum always insisted on a real tree. It was placed in the front window for all to see, she used to hang the tinsel down from the top (I still do this today). On top she placed the fairy doll, she had made for their first Christmas together in 1952 (I still use that fairy today, although it is very worn). People used to knock and say how beautiful the tree was and how it cheered them up. Many Christmases I have had looking up at the fairy. I still do every Christmas Eve."

A Christmas Memory by Philip

"The day of my school play in which I played in the Emperor's New Clothes, which was made memorable as I fell off the stage during the performance!

A Christmas Message from Chris

"Christmas is a time of 'peace and goodwill to all men' – oh, if only it were! However, in a small corner of the universe exists the Southend Leg Club and for just a few hours on a Tuesday afternoon I think we can all pride ourselves in the fact that we can come together and enjoy that message not only at Christmas, but all through the year.

In the 11 years I have been a patient, volunteer and a Committee member, I have met and made friends with so many lovely people many much worse off than me needing sometimes just a hand to hold or a kind word. You are what makes the Club the success it is, together with my colleagues and our wonderful team of Nurses. So at the risk of boring you I should like to say thank you from all of us and wish each and every one of you a very happy and peaceful Christmas whether it be with family, friends or just by yourselves and hope that 2016 will bring you improved health and much happiness. Love to you all!"