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PATIENTS COMMUNITY DISTRICT NURSES
LEG CLUB®
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*Mottingham (Bromley) Leg Club Newsletter December 2014*

*Clinical News*: After having closed the Club to new members several months ago, we are now slowly increasing our membership. Since we started the Leg Club in September 2012, we have had 119 patients register as members of our 'social' leg ulcer clinic. This autumn some of our volunteers/members attended a 'Safer Lifting' training session.

*Social News:* We have had a few parties recently: we celebrated our 2nd anniversary in September, the minister, Brian's retirement and Shelia's 80th birthday. Thank you to everyone who helped by contributing and participating!

*Health News:* We now offer a new chair exercise class. Tanya, the instructor combines lively chair exercises with music. Please join in!

*Fundraising News*: Thanks to Frank and David Hall's 17 mile run from Downing Street to our church hall via the Bromley Healthcare head office, we raised over £1,000.

*Future Events:* Saturday, 6th December from 2 – 4pm; please join us at St Mary's Church hall, College Road, Bromley for our Christmas Fair.

Still to be confirmed; we hope that the local school children will once again come along and sing Christmas carols & we can hold a Christmas party.

Wednesday, 10th December; Derek, a volunteer from the Southend Leg Club is coming to visit.

Mottingham (Bromley) Leg Club,
Court Farm Evangelical Church Hall,
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