Mottingham (Bromley) Leg Club

September 2013

...healthy legs for life

LEG CLUB®
www.legclub.org

Court Farm Evangelical Church Hall
198 Court Farm Road
(Next door to the Links Medical Practice)
Wednesday afternoons from 2 – 4:30

HAPPY ONE YEAR ANNIVERSARY!

Member Update:

We have had more than 60 patient- members register at the Club since last September 2012! As a reminder, previously treated members can benefit from on-going well leg visits. So, come and join us for a chat, a cup of tea and a check up by one of our nurses.

Clinical Update:

Have a look at the Bromley Healthcare cic and Leg Club Foundation websites for useful and interesting information on 'healthy legs for life' ideas!

Fundraising Update:

Thanks to Jonathan and Frank, we raised almost £1,700.00 for the Club. This money is currently held by the Foundation and will be transferred to our new Club account at Natwest soon.

Volunteer Update:

Would you or someone you know like to attend several sessions each month to help set up equipment, serve refreshments, maintain member files and reports and generally assist with the operation of the club? Special training or experience isn't necessary; just a desire to help others.

The Lindsay LegClub Foundation

For more information, please contact:
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bromleyhealthcare.org.uk **www.legclub.org**

The Lindsay Leg Club Foundation is a Registered Charity no. 1111259.